

Third Sunday of Lent
March 11/12, 2023



March 12, 2023 – 10:30 a.m. – Fr. Paul* Assisted by Deacon Keith

Cantor: Rachel Cappuccino; Accompanist: Guy Cappuccino

RCIA – First Scrutiny will take place at 10:30

***Deacon Keith Strom will preach at all of the Masses this weekend.**

10:30 a.m. Mass is Livestreamed

St. Michael Poplar Springs, Mount Airy, MD

Prelude Music

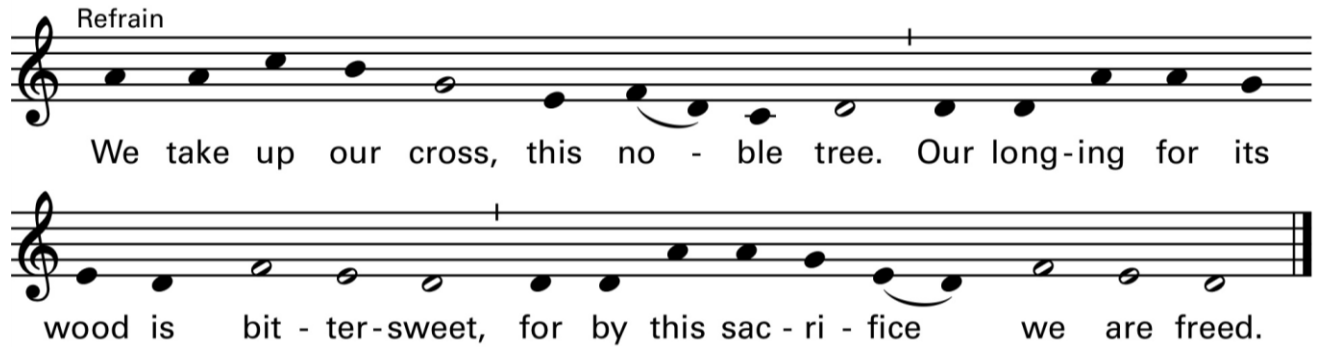
VIOLET vestments

“Lenten Introits”

Angela Birkhead-Flight

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Refrain



We take up our cross, this no - ble tree. Our long-ing for its
wood is bit - ter-sweet, for by this sac - ri - fice we are freed.

Good Evening/Morning/Afternoon

Today we celebrate the Third Sunday of Lent.

Welcome to Saint Michael Poplar Springs!

Be sure you picked up a worship aid as you entered church today. You will need it for each weekend of Lent. You may wish to follow it all the way through the Apostles' Creed.

Please note that the Lenten Entrance Rite begins with the cantor singing the introit and our repeating it. We will then sing the hymn together. Today the third verse will be the one marked "3rd Sunday, Year A." Just follow along with the rest and chant the Confiteor on a single note. We end by repeating the "Kyrie Eleison" after the cantor.

10:30 a.m. Welcome those who are joining us for Mass via livestream. Thank you for choosing to worship with us this weekend. Please note that there is a link on our web-page that will lead you to a copy of the worship aid for today.

ALSO, today during the 10:30 Mass we will celebrate the First Scrutiny with the elect – Those people preparing for baptism at the Easter Vigil! We will pray with them for a spirit of repentance, a sense of sin and strength of will to live in true freedom as children of God.

ALL MASSES - Please stand and offer welcome to those around you!

5:00 – Father Kurt is our presider today. He is assisted by Deacon Keith.

8:00 – Father Kurt is our presider today. He is assisted by Deacon Keith.

10:30 – Our pastor, Father Paul, is our presider. He is assisted by Deacon Keith.

12:15 – Our pastor, Father Paul, is our presider. He is assisted by Deacon Keith (and Deacon Harbey.).

ALL MASSES Turn to page 3 of the worship aid ...

THE INTRODUCTORY RITES

“Lenten Entrance Rite”

I. Introit

Alan Hommerding

Repeat the Introit for the Sunday after the Cantor

“Lenten Entrance Rite”

All Sundays

I. Introit

Alan Hommerding

Repeat the Introit for the Sunday after the Cantor

Cantor, then Assembly



<i>1st:</i>	God	hears	us	when	we	call,	and
<i>2nd:</i>	Your	pres -	ence,	Lord,	I	seek;	hide
<i>3rd, A:</i>	O	wash	us	clean	from	sin;	grant

<i>4th, A:</i>	How	can	I	be	a -	fraid?	God
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<i>5th, A:</i>	De -	liv -	er	me	from	death,	so
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1st: res - cued us from death.
2nd: not your face from me.
3rd, A: us your spir - it, Lord.

4th, A: is my sav - ing light.

5th, A: I may walk in light.

2. Hymn

Alan Hommerding/LAND OF REST

Sing verse one, verse two and then the appropriate verse for the particular Sunday (which follow the music). End with verse four below.

Choir/Assembly



1. From ash - es to — the liv - ing font — Your
2. (Through) fast - ing, prayer, and char - i - ty — Your
3. (Sing verse appropriate to the Sunday)
4. (From) ash - es to — the liv - ing font — Your



1. Church must jour - ney, Lord, — Bap - tized in grace, in
2. voice speaks deep with - in, — Re - turn - ing us — to
- 3.
4. Church must jour - ney still, — Through cross and tomb — to



1. grace re - newed By your most ho - ly word. 2. Through
2. ways of truth And turn - ing us from sin. 3.
- 3.
4. From
4. Eas - ter joy, In Spir - it - fire ful - 4. filled.

3rd Sunday, Year A

For thirsting hearts let waters flow,
Our fainting souls revive;
And at the well your waters give
Our everlasting life.

Collect

LITURGY OF THE WORD

First Reading

Exodus 17: 3 - 7

Responsorial Psalm

Psalm 95

Ben Walther

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R. If to-day you hear his voice, hard-en not your hearts.

Second Reading

Romans 5: 1 – 2, 5 - 8

Gospel Acclamation

Lenten Gospel Acclamation from *Mass of Christ the Savior*

Dan Schutte

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Glo-ry to you, Word of God, Lord Je - sus Christ!

Gospel

John 4: 5 – 42

10:30 a.m. – FIRST SCRUTINY

Homily

Invitation to Silent Prayer

Intercessions for the Elect

Fr. Paul: Let us pray for these elect

whom the Church has confidently chosen.

May they successfully complete

their long preparation

and at the Paschal Feast

find Christ in his sacraments.

Let us respond, "Lord, hear our prayer."

Exorcism

Dismissal of the Elect

Fr. Paul: My dear friends,

this community now sends you forth

to reflect more deeply upon the word of God

which you have shared with us today.

Be assured of our loving support

and prayers for you.

We look forward to the day when you will share

fully in the Lord's Table.

Go in peace.

All Sing:

We send you forth to hear the word of the Lord.

Take these words to heart and walk in God's ways.

Chosen in Christ, "We Send You Forth" – Sterling Picard p. 27

**Mass then continues with
the Apostles' Creed and the Universal Prayer (see
next page.)**

Creed

Apostles' Creed

*We will pray the Apostles' Creed through Lent
in unity with those preparing to enter the Church at Easter.
<You can find this in the Lenten Worship aid, on page 11
or in the Breaking Bread book on page 10>*

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,

and life everlasting.

Amen.

UNIVERSAL PRAYER - Lord, Hear our Prayer

LITURGY OF THE EUCHARIST


Preparation of the Gifts 10:30

“Into the Desert”


Curtis Stephan, Sarah Hart

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Verses




1. Come, be - lov - ed, and rest your mind; leave the things of this
2. Stay, be - lov - ed, and lose your fear; there is heal - ing and
3. From this des - ert your life will bloom; out of de - spair is




1. world be - hind. Here I will be your dai - ly bread,
2. mer - cy here. Here I will be a liv - ing stream,
3. hope re - newed. And from this death you shall a - rise,


Refrain



1. all that you need. In - to the des - ert I will lead;
2. all that you need.
3. a - rise with me.



here in the si - lence my word will speak. And you will find



the peace you seek here in the des - ert.

Preparation of the Gifts 5:00/8:00/12:15

“Were I the Perfect Child of God”

Tony Alonso



Eucharistic Prayer

Acclamations from MASS OF CHRIST THE SAVIOR

Dan Schutte

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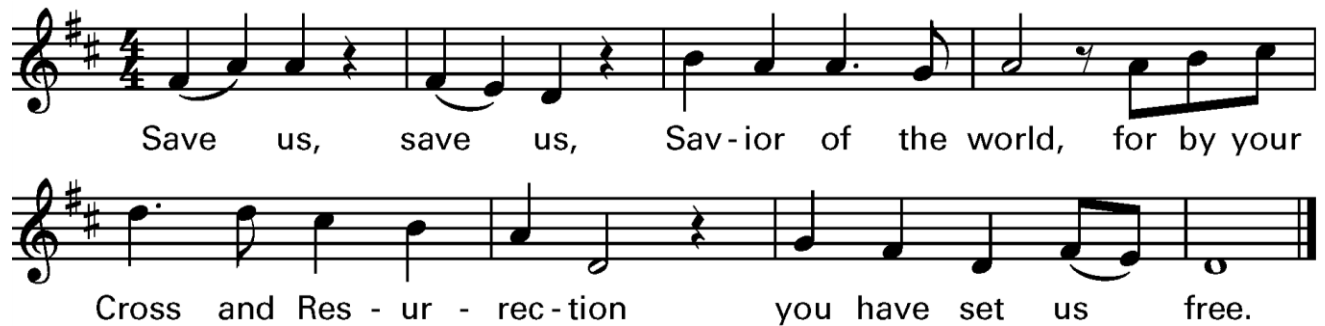
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“Holy, Holy”

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav - en and
earth are full, are full of your glo - ry. Ho - san - na! Ho -
san - na! Ho - san - na in the high - est. Bless - ed is
he who comes, who comes in the name of the Lord. Ho -

“Memorial Acclamation”



Save us, save us, Sav-ior of the world, for by your
Cross and Res - ur - rec - tion you have set us free.

“Great Amen”



A - men. A - men. A - men.

Communion Rite

The Lord's Prayer

Sign of Peace

The Lamb of God

Agnus Dei XVIII
Graduale Romanum, 1974



A - gnus De - i, qui tol - lis pec - cá - ta mun - di: mi - se -
ré - re no - bis. A - gnus De - i, qui tol - lis pec - cá - ta
mun - di: mi - se - ré - re no - bis. A - gnus De - i,
qui tol - lis pec - cá - ta mun - di: do - na no - bis pa - cem.

COMMUNION PROCESSION

Communion Antiphon

"3rd Sunday of Lent"

Steve Angrisano, Sarah Hart, and Curtis Stephen

Lenten Worship Aid, page 15

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For an - y - one who drinks it, says the Lord, the
wa - ter I shall give will be - come in him a spring
well - ing up to e - ter - nal life.

Communion Song

"Take, O Take Me As I Am"

John Bell

Lenten Worship Aid, page 17

Tune: ©1995, The Iona Community, GIA Publications, Inc., agent

Refrain

Take, O take me as I am. Sum-mon out what I shall
be. Set your seal up-on my heart and live in me.

*Lead in to refrain
Assembly or Cantor*

But you, O Lord:

**END the COMMUNION SONG in time for
singers/instrumentalists to receive Communion and try to
be returning to their seats as the Blessed Sacrament is
reposed in the tabernacle.**

10:30 Mass...

**After a few moments of silence and stillness,
Musician announces...**

**Please turn to in the Lenten Worship Aid to page 18. Our
Song of Praise today is, "Take Up Your Cross." It is on page
18 of the worship aid. Please stand...**

(all sing)

SONG OF PRAISE

10:30

"Take Up Your Cross"

Curtis Stephan, Sarah Hart, Marc Byrd

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Verses

1. Be-hold the wood that bears our name;
 2. We embrace the sac - ri - fice,

1. be - hold the nails that hold our sin.
 2. and walk the path we can - not see.

1. The tree from which sal - va - tion blooms;
 2. The bur - dens of this world made light;

1. the death by which we're born a - gain.
 2. by blood and thorn we are re - deemed.

Refrain

We take up our cross and fol - low him; we
 lay down our lives that we might live. We
 car - ry the hope of Christ with-in; we take up our cross
 and fol - low him.

1, Final (Fine) to Verse 2 2 to Bridge 3

Bridge

Lift him high, lift him high; let his name be glorified.
 Lift him high, lift him high; let his name be glorified. (to Refrain)

5:00/8:00 and 12:15

After a few moments of silence and stillness,

Musician announces...

Please turn to in the Breaking Bread book to song number 662. Our Song of Praise today is, "Change Our Hearts." It is number 662. We will sing the first and last verses.

Please stand...

"Change Our Hearts"

Rory Cooney

BB 662, Verses 1 and 3

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ANNOUNCEMENTS

Musician makes the announcements while people remain standing:

- If you are having a medical procedure or surgery soon, please meet the priest at the Reconciliation Room for the Anointing of the Sick after he greets parishioners.
- Next weekend there is a special collection for Catholic Relief Services. Bring your envelope or fill one out here before Mass so you can drop it in the one collection basket. Your donations will go to improving the lives of the most vulnerable people around the world and here in the United States.

- “Aspects of Being a Caregiver” holds a session this Thursday, March 16 at 7 p.m. in Room A122. See the bulletin or contact Martin for more information.
- Be sure to pick up a bulletin where you will find a form to order your Easter flowers.
- We hope to see you at the Lenten Mission – 7p.m. Monday, Tuesday and Wednesday.

Prayer after Communion

Prayer over the People

Final Blessing

Dismissal

Deacon: Go forth, the Mass is ended.

All: Thanks be to God.

Bells are rung (from the organ) to accompany the procession out of the church.